

# GC 630 - Counseling Ministry to the Bereaved

## Exam Instructions

**Thank you for enrolling into GC 630 - Counseling Ministry to the Bereaved. This is your online examination. Please follow these instructions:**

- Before attempting, carefully read the question text.
- Then choose the correct answer.
- Click on **"Next"** to go to the next question.
- Use the **"Next"** and **"Previous"** buttons to navigate between questions.
- Bookmark difficult questions to return to them later.
- Click the **"Submit All"** button to submit your exam for grading.
- Use the Question List in the upper left corner to view and jump to a certain question.
- Within 24-48 hours, you will receive from us via e-mail, a copy of your graded examination.

If you have any questions, please contact us at: [info@aihcp.org](mailto:info@aihcp.org)

Full Name:

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**1.** (The first 50 questions of the exam deal particularly with the Book of Job, the commentary and any additional writings on Job)

**Job's sufferings were due to his past sins**

- A) True
- B) False

**2.** Job best resembles a Christ figure by his

- A) sinless nature
- B) his unjust suffering
- C) his love of God
- D) his kingship

**3.** Suffering in connection with Christ's redemption is the theological field of

- A) Christology
- B) Soteriology
- C) Moral Theology
- D) Epistemology

**4.** The Book of Job is considered

- A) prophetic literature

- B) wisdom literature
- C) historic literature
- D) psalm literature

**5.** While many ancient traditions exist with suffering tales, it is improbable that they are molds of which Job originated. One must admit Job may have some common themes, but as a whole is an original work with its own original theme.

- A) True
- B) False

**6.** The speeches of Job are rightfully so comparable to the soliloquies met in the literature of pessimism.

- A) True
- B) False

**7.** In order to be called another "Job", any similar work should resemble the biblical book in plot, form and content.

- A) True
- B) False

**8.** Within the text of Job, one can find a variety of proverbs, hymns, laments and nature poems.

- A) True
- B) False

**9.** During the fixing of canonical books, the rabbis classified the Book of Job with relative ease.

- A) True
- B) False

**10.** It is very clear that the Book of Job's authorship belongs to many individuals who edited and re-edited over the years.

- A) True
- B) False

**11.** The author of the Book of Job is clearly identified.

- A) True
- B) False

**12.** The Book of Job points out in particular that suffering

- A) is a result of sin
- B) is a result of sin, but is also a natural element that can be instructive and redemptive

- C) is not a result of sin
- D) is always punitive and corrective

**13.** Job's genuine righteousness is essential to the theme of the book

- A) True
- B) False

**14.** Job is excelled only in grief and innocence by

- A) his son
- B) Jesus
- C) his friends
- D) his wife

**15.** In the Book of Job, Satan is seen as more of a nuisance than an official or person of good standing in the court before the Lord

- A) True
- B) False

**16.** Satan's cynicism lies in his disbelief that anything can be naturally good--especially Job

- A) True
- B) False

**17.** Satan's language in the court indicates his refusal to show conventional courtesies within the court of the Lord.

- A) True
- B) False

**18.** Satan is permitted to cause physical death to Job

- A) True
- B) False

**19.** In the first trials, Job's dearest family is destroyed last

- A) True
- B) False

**20.** A polytheist or unbeliever would find no contradiction with affliction and faith because

- A) they believe there is no one or existing God who controls everything
- B) they believe nature has its own laws in which it obeys

- C) they believe natural incidents are neutral and not good nor bad
- D) All of the above

**21.** In Job's suffering, he resorted to scraping his body during bereavement

- A) True
- B) False

**22.** Job did not curse God for the loss of his things and family, but did curse the desert brigands and frontier guards

- A) True
- B) False

**23.** Job is never filled with doubt concerning the Lord and his actions against him

- A) True
- B) False

**24.** Satan is not satisfied with the first test because he feels

- A) Job did not lose enough material possessions
- B) Job needed to lose his wife
- C) Job needed to suffer physically
- D) None of the above

**25.** During the second test, Job is stricken with a terrible disease that covers his entire body

- A) True
- B) False

**26.** Job's friends encourage him to

- A) seek repentance
- B) seek death
- C) to seek a doctor
- D) to accept his fate

**27.** Job's wife encourages Job to

- A) seek repentance
- B) pray for death
- C) seek a doctor
- D) to praise God

**28.** When Job cursed, he cursed

- A) God
- B) the day of his birth
- C) Satan
- D) his wife

**29.** Job's cursing shows

- A) that Satan was correct about him and that he would fall
- B) that he could not handle the suffering
- C) that he no longer believed that God was there
- D) that he portrayed merely his emotion but not his betrayal of God

**30.** Job seeks death because

- A) he hopes it will end his unjust torment
- B) he hopes to die and cease suffering because he will cease to exist after death
- C) he hopes to die and cease suffering because he will meet the Lord
- D) he is a coward and wishes not to suffer

**31.** Job sees death as God's gift

- A) True
- B) False

**32.** Job believed that the sins of the father are visited upon his children

- A) True
- B) False

**33.** Eliphaz's fault is that

- A) his counsel is unsound
- B) his counsel is cruel
- C) he is not a good counselor
- D) he is not a just man

**34.** Job considered his good life to be

- A) a reward
- B) a right
- C) a gift
- D) a result of his own work

**35.** Bildad believes nothing can come between sin and its consequences

- A) True
- B) False

**36.** Bildad was a precursor of those mocked Jesus in that

- A) he told Job he was truly sinless and not deserving of the suffering and torment
- B) he told Job he deserved to suffer and if he was truly sinless to save himself
- C) he told Job if he was truly blameless, God would save him
- D) he told Job if he was truly blameless, God would not have rejected him

**37.** Bildad's wisdom was helpful general guide, but overall trite and even cruel when applied to friends of God who are suffering

- A) True
- B) False

**38.** Job's faith causes him deeper pain than his friends could ever experience because it is

- A) weaker than his friends' faith
- B) erroneous compared to his friends' faith
- C) stronger than his friends' faith
- D) None of the above

**39.** Job's questioning of God's punishment is due to

- A) defiance
- B) arrogance and pride
- C) anger
- D) puzzlement and hurt

**40.** Zophar unlike the other friends does not feel Job deserves these sufferings

- A) True
- B) False

**41.** Zophar feels that Job's defense of himself alone proves he is not blameless for such speeches, in the eyes of Zophar, are filled with self proclaimed self righteousness

- A) True
- B) False

**42.** Zophar falls into the evangelical error of applying guilt and pardon to every human problem

- A) True

B) False

**43.** Job does not want to be judged by men but wants an explanation from God and an indictment on why he is being punished

A) True

B) False

**44.** Job considers his friends

A) to be great sources of inspiration

B) to be good advisors

C) to be miserable comforters

D) to be helpful in their dialogue

**45.** Job challenges the charges against him through negative confession

A) True

B) False

**46.** Yahweh in his final verdict finds no fault with Job, but finds fault with his friends

A) True

B) False

**47.** Job's prayer for his friends had nothing to do with the return and restoration of his fortunes

A) True

B) False

**48.** Job's restoration is a reward for his virtue and not a gesture of God's love and grace

A) True

B) False

**49.** Job's restoration after his suffering is symbolic and a prefiguring of

A) the general resurrection

B) Christ's resurrection

C) Christ's death on the cross

D) Christ's Ascension

**50.** The Book of Job is a good example of Scripture tying together old Judaic principles of sin and suffering and elevating and preparing one for a new Christian perspective on suffering

A) True

B) False

**51.** Questions stemming from 51 to 100 deal with "Grief the Unwanted Gift" and various applications to it

The Wilderness of grief is:

- A) only a physical place
- B) a way of the journey towards healing
- C) a place where one is lost
- D) only a spiritual place

**52.** Job can be seen as a figure who was lost in the wilderness of grief

- A) True
- B) False

**53.** Experiences of pain, anger and sadness over the loss of loved ones are

- A) mere natural emotions with no supernatural overtones
- B) expressions of our gratitude for them
- C) expressions of our deep anguish for them
- D) expressions of our loneliness in losing them

**54.** Grief is far from a gift but a psychological process one must go through when encountering some sort of loss

- A) True
- B) False

**55.** Since love is a powerful gift and takes time to create, it will naturally take much time to adjust when it is lost

- A) True
- B) False

**56.** Love and grief in the temporal realm are interconnected

- A) True
- B) False

**57.** The process of holding on and letting go is also at the heart of human grieving

- A) True
- B) False

**58.** Memories of loved ones should

- A) bind us in mourning and solitude
- B) be internalized with love and taken with us into the future
- C) be replaced with new memories
- D) should be forgotten to expedite one's independence of them

**59.** Everyone who grieves should be placed within a universal time frame of healing

- A) True
- B) False

**60.** What one does with time dictates healing over a set period of time of healing

- A) True
- B) False

**61.** Thinking through our grief is superior to acting through and feeling through it

- A) True
- B) False

**62.** One who is more readily prepared to read a self help book and find its concepts helpful is an example of a

- A) act person
- B) think person
- C) feel person

**63.** Throughout most of the story, Job appears to be more of a

- A) think person
- B) feel person
- C) act person

**64.** One who retreats into busy work is an example of a

- A) think person
- B) act person
- C) feel person

**65.** One of the biggest problems in interaction of family members during grief is reading each person's individual type of grieving

- A) True
- B) False

- 66.** People in pain often describe, as did Job, the silence of God as an overwhelming feeling
- A) True
  - B) False
- 67.** An example of repressive faith is
- A) when another one forces his or her beliefs on you
  - B) when we use our faith to suppress our grief
  - C) when we find God to be oppressive and uncaring in our grief
  - D) when we allow our faith to let us express our grief
- 68.** Which faith allows us to express our feelings to God in our grief?
- A) repressive faith
  - B) inspirational expressive faith
- 69.** Job possessed in his anguish
- A) repressive faith
  - B) inspirational expressive faith
- 70.** As the wounded heal through faith, they frequently take the next step in healing which is
- A) becoming a professional counselor
  - B) becoming a minister
  - C) becoming a wounded healer for others
  - D) becoming a social member again in their parish or church
- 71.** Differentiation is
- A) when a person creates a new identify and schedule after the loved one dies
  - B) when a person is closely connected with another person and becomes completely dependent upon him or her
  - C) when a person is closely connected with the another person, but still has his or her own identity
  - D) when a person is no longer connected to the love one
- 72.** Which person below portrays a healthy interdependence
- A) Ronald is lives in the world but he is not of it. He has many friends but he does not have his identity wrapped up inside of them.
  - B) Mary loves her husband dearly. She feels she could not function without him. He is her life for the last 50 years.
  - C) Jane spends alot of time alone. She is quite anti-social in many of her behaviors and wishes she could live on an isolated island

- D) Tim wants to be like a famous musician. He dresses like him, tries to sing like him, and always talks about him.

**73.** During the wilderness of grief, our needs for love are stronger because

- A) we are weak
- B) we lack faith in God's love
- C) we lost an important human source of love and strength
- D) we are needy

**74.** The denial and shock we experience is useless in the grieving process

- A) True
- B) False

**75.** If we do not do our grief work, our grief may grieve in us in some form of physical illness or symptoms

- A) True
- B) False

**76.** Frustration and anger are important in grief because

- A) it is a vehicle and outlet for pain
- B) it allows one to seek and find vengeance
- C) it is not important but actually damaging
- D) it allows one to act without consequence in cursing God

**77.** If anger does not find a reasonable way to be expressed with friends, it can spoil within us and cause bitterness and depression

- A) True
- B) False

**78.** Questions 78-87 stem from Chapter 6 and the additional reading on Lazarus

Sometimes when praying for a miracle, we attempt to make contracts with God to avoid the crosses we must ultimately face

- A) True
- B) False

**79.** Miracles are based upon the good faith, purity of prayer, and the good works of the person praying

- A) True
- B) False

- 80.** Some sufferers conclude, if no miracle took place, that they failed in their contract and were not holy enough to acquire a miracle
- A) True
  - B) False
- 81.** One should believe in a God of a covenant, not a contract
- A) True
  - B) False
- 82.** The story of Lazarus answers why bad things happen to good people
- A) True
  - B) False
- 83.** Which story in the Old Testament best describes the idea of the Divine within the philosophical and Thomistic tradition?
- A) God the Father walking in the Garden of Eden
  - B) God the Father sitting on his throne in the Book of Job
  - C) Moses and the burning bush
  - D) God as found in the proverbs and wisdom literature with the many human qualities associated
- 84.** Only through the Incarnation, could God love us intimately in a love relationship that experiences grief and sorrow.
- A) True
  - B) False
- 85.** Jesus could only experience physical pain. His divine nature prevented any emotional pain due to loss or sadness
- A) True
  - B) False
- 86.** When praying for a dying family member or friend, the prayer should be
- A) focused only on a miracle
  - B) focused only on God's will--one should not ask for something they want
  - C) focused on God's will but still open to petition
  - D) a demand to God
- 87.** In the story of Lazarus, Jesus rose Lazarus from the dead because of the prayers of the people
- A) True
  - B) False

**88.** Dramatic and unusual changes in appetite are not indicate of depression

- A) True
- B) False

**89.** Without medication and counseling, someone in the severe state of depression may not be able to complete their grief work alone

- A) True
- B) False

**90.** Acceptance is not an important element in healing

- A) True
- B) False

**91.** Within acceptance the pain of grief

- A) goes away
- B) becomes worst because you face it
- C) remains the same
- D) remains but becomes manageable

**92.** During a state of Euphoria, one should delay major decisions

- A) True
- B) False

**93.** Which person below is displaying a sudden burst of Euphoria during their initial stages of acceptance?

- A) Tommy has just lost his mother to cancer. He has gone through alot but has accepted it. He is taking small steps and setting new goals.
- B) Tammy is depressed, she refuses to go outside since the death of her husband
- C) Peter has just met Julie. His wife has been dead for year. He wants to propose to Julie.
- D) Ellen is full of rage and anger for the death of her son due to a drunk driver.

**94.** A Sojourner should never try to talk someone out of his grief

- A) True
- B) False

**95.** Touch should always be applied in ministry and counseling

- A) True
- B) False

- 96.** A counselor should give a person permission and grace to be angry during sessions to confront grief
- A) True
  - B) False
- 97.** Clergy should utilize academic answers to grief when counseling the intense mourning of a person
- A) True
  - B) False
- 98.** Sometimes merely listening and guiding can be better than exact answers when counseling those in grief
- A) True
  - B) False
- 99.** Men in grief tend
- A) be more emotionally expressive
  - B) to be cognitively expressive
  - C) to seek out friends and family
  - D) want to listen and understand
- 100.** A grief date is an important way a couple can overcome gender differences in expression of grief during a loss
- A) True
  - B) False

