

SC 560 - Intuitive & Energy Healing

Exam Instructions

Thank you for enrolling into SC 560 - Intuitive & Energy Healing. This is your online examination. Please follow these instructions:

- Before attempting, carefully read the question text.
- Then choose the correct answer.
- Click on **"Next"** to go to the next question.
- Use the **"Next"** and **"Previous"** buttons to navigate between questions.
- Bookmark difficult questions to return to them later.
- Click the **"Submit All"** button to submit your exam for grading.
- Use the Question List in the upper left corner to view and jump to a certain question.
- Within 24-48 hours, you will receive from us via e-mail, a copy of your graded examination.

If you have any questions, please contact us at: info@aihcp.org

Full Name:

Email:

AH Number:

1. What effects do beliefs have on the body?

- A) they negatively affect the hypothalamus of the brain
- B) they trigger biochemical responses
- C) they cause cells to grow larger
- D) they have no effects on the body

2. Spending time daily focusing on the Chakras will do what?

- A) decrease their energy
- B) allow you to see them
- C) activate them
- D) subdue their vibrational rate

3. When remote viewing, it is important that you do what?

- A) interpret what you are seeing
- B) remain neutral
- C) say the last name of the person you are viewing
- D) become attune to your heart chakra

4. A person's health history is played out by what?

- A) their mind-set

- B) genetics
 - C) the environment
 - D) their habits
5. If a client is "sick," you should encourage them to do what?
- A) deny the illness
 - B) understand that the illness is an illusion
 - C) repress the symptoms
 - D) express emotions about the illness
6. Scientists have concluded that the brain and spirituality are interrelated.
- A) True
 - B) False
7. "Harmonizing" with pain and illness will relieve them.
- A) True
 - B) False
8. The heart chakra is the main generator that fuels our healing system.
- A) True
 - B) False
9. The "new" science of linking immunity with the mind is called what?
- A) Psychoneuroimmunology
 - B) Immunopsychiatry
 - C) Neuroimmunology
 - D) Psychoimmunology
10. Which of the following indicates that a healing dream is intuitively accurate?
- A) clarity to segments
 - B) vibrant sounds
 - C) exceptionally vibrant imagery
 - D) all of the above
11. Matter and energy are not destroyed, they constantly undergo transmutation.
- A) True
 - B) False

- 12.** When doing remote viewing, it is dangerous to attempt to experience death.
- A) True
 - B) False
- 13.** Frequently after a loved one dies, they appear in dreams to assure us that they are all right.
- A) True
 - B) False
- 14.** Our emotions are what?
- A) illusions we create
 - B) foundation of our spiritual journey
 - C) Divinely planned traits
 - D) hidden in the superconscious mind
- 15.** Darkness is transmuted into Light by what?
- A) our emotions
 - B) the mind
 - C) love
 - D) peace
- 16.** If a person cannot love themselves, what should they do?
- A) let others love them
 - B) pray for the grace to "see" love
 - C) turn over the problem to the subconscious
 - D) seek out a psychotherapist
- 17.** Everyone's mission is the same, to move closer to what?
- A) Nirvana
 - B) superconsciousness
 - C) understanding
 - D) love
- 18.** The author states that the Alpha and the Omega of healing is what?
- A) balancing the chakras
 - B) mastering control over emotions
 - C) opening the heart
 - D) acknowledging your power & beauty

- 19.** "Protection" means the strength you can intuitively summon to counter negativity or threat.
- A) True
 - B) False
- 20.** The best defense against negativity is to focus on the strength of your inner self
- A) True
 - B) False
- 21.** Depression is fully a spiritual disease.
- A) True
 - B) False
- 22.** A relationship is never just about two people.
- A) True
 - B) False
- 23.** To access sexual energy, you focus on the person's throat chakra
- A) True
 - B) False
- 24.** Inanimate objects have an intuitive life.
- A) True
 - B) False
- 25.** Total healing encompasses personal, spiritual and global change.
- A) True
 - B) False
- 26.** The human organism is made up of which of the following?
- A) energy fields
 - B) molecules
 - C) both energy fields and molecules
 - D) none of the above
- 27.** Which ancient art focuses on balancing both the Yin and the Yang?
- A) acupressure
 - B) acupuncture
 - C) reflexology

D) High Sensory Perception

28. Inanimate objects have an aura.

A) True

B) False

29. Each layer of the human aura is associated with a chakra.

A) True

B) False

30. The chakras exchange energy with what?

A) the universal energy field

B) the arteries

C) the brain

D) subliminal energies

31. The sense of "sight" is associated with which chakra?

A) 1st

B) 5th

C) 4th

D) 6th

32. The "state" of our body between energy and matter is known as what?

A) subliminal body

B) etheric body

C) magnetic body

D) soul body

33. Spiritual energies must be transformed through which chakra to go into or be transformed into the lower physical energies?

A) crown

B) heart

C) throat

D) solar plexus

34. Unconditional love flows when there is a connection between the open heart chakra and what?

A) the open etheric chakra

B) the open crown chakra

- C) the open celestial chakra
- D) none of the above

35. Each person's sexuality is connected to his/her Life Force.

- A) True
- B) False

36. The most important chakra used in the healing process is the crown chakra.

- A) True
- B) False

37. If the crown center chakra is closed, the person often has a "cosmic feeling."

- A) True
- B) False

38. A clockwise movement of a pendulum, when assessing a chakra, means what?

- A) the chakra is spinning at a high vibrational frequency
- B) the chakra is psychodynamically open
- C) the chakra is blocked
- D) the chakra is spinning at a low vibrational frequency
- E) the chakra is psychodynamically closed

39. When reading someone's aura around the "head" you know the aura should be what color?

- A) orange
- B) yellow
- C) purple
- D) white

40. To observe an aura, you need to use what type of vision?

- A) day-time vision
- B) night-time vision
- C) close-up vision
- D) distance vision

41. Manifestation occurs when a belief is transmitted from its source in the high levels, down into the more dense levels of reality.

- A) True
- B) False

42. The process of inner healing is called "full spectrum healing."

- A) True
- B) False

43. Meditation using the "nasal rasp breath" technique works to open the 3rd eye

- A) True
- B) False

44. The best way to enhance "High Auditory Perception" is to sit for guidance.

- A) True
- B) False

45. The experiences of Light, Love and Serenity confirms your connection to your Guides.

- A) True
- B) False

46. To open the door or the "seals" on the chakras, this is done by lowering the vibrational level of your energy system.

- A) True
- B) False

47. To clean your aura, you can take a 20 minute bath in a warm tub of one pound of sea salt and one pound of baking soda.

- A) True
- B) False

48. The author, B. Brennan advises never to use crystals for healing energy.

- A) True
- B) False

49. "Grace" is received by letting go to Divine Wisdom and is experienced as "bliss."

- A) True
- B) False